THE CURRENCY OF FORGIVENESS

coffee brewed hours before she's awake hot water saved for the shower he takes drives with no sense of direction sometimes accepts of a course correction

listens to the same story told a hundred times waits patiently at the end of the line holding doors...holding tongues it all evens out when our days are done

CHORUS worth all you have...and nothing less all the tears and years that you invest there, from the moment you met no IOU'S... no repaid debts in the currency of forgiveness

an apology long before there's a fight no admission of who's wrong or who's right a halfhearted confession from some past life indiscretion

CHORUS worth all you have...and nothing less it's a beautiful complicated mess will it all add up to happiness? no IOU'S... no repaid debts in the currency of forgiveness

It's a long haul...there's bumps in the road It's only heavy if you don't share the load no regrets ...big or small always say I love you before nightfall

CHORUS worth all you have...and nothing less life keeps you up at night but love never rests isn't this why you both said yes no IOU'S... no repaid debts in the currency of forgiveness in the currency of forgiveness

FALLING NO MORE

there are falls from grace...falling stars from the sky fall in New England...washing over your eyes the fall that you take when you meet your hearts end you may never recover from that one again there are falls you barely survive others make you feel more alive

CHORUS: we keep falling, falling and falling like rain soaked to the bone...aching and drained we keep falling, falling asking where, how and why and hope that one day we will rise

falling off the wagon falling off a bike one or the other can change your life there are falls you see coming...falls you endure falls where you dream of a better world an oak falls in a lightening flash no gettin' back up no second chance CHORUS: we keep falling, falling and falling like rain soaked to the bone...aching and drained we keep falling, falling asking where, how and why wait for the time we will rise

BRIDGE: rise up, rise up, fly and soar...rise up, rise up, falling no more

CHORUS: no more falling, falling and falling away peaceful. protected. Free from the pain no more falling and falling or tears to be cried now is the time we will rise. now is the time we will rise.

I FOLLOW

I followed my sisters and brothers
I followed the temptation of others
worked hard to fit in...inside a different skin
I begged, stole and borrowed...but mostly I followed

morning mass...a heathen acolyte heaven or hell...well, it could be either side said all my childhood confessions not sure now about any of those lessons

I followed...the stations of the cross gave credit for the wins...took blame for every loss I prayed that those wafers...were actually the savior cheap wine was the blood I swallowed...I served and followed

cut off jeans and faded t-shirts six packs, cigarettes.. driving round the outskirts wasting our lives, our futures, our pasts hoping to death that the die had not been cast

I followed the dream we were sold could not tell the truth from lies we were told tried to outrun...the things that I've done just to make it through tomorrow...oh I followed

BRIDGE: to avoid detection, hide my own reflection, an acne filled complexion, a guilt ridden erection...falling far short of perfection

now I follow the road less travelled turn by turn the secret gets unraveled I will follow a girl...to the ends of the earth my soul no longer hollow...my heart I follow oh I follow my heart I follow...oh I follow



ALL WE'RE HOPING FOR

a little bit of hope is all we're hoping for find our way to an open door our fingers crossed before all is lost a little bit of hope...is all we're hoping for

some sign of life is all we're living for on the losing end of a lopsided score getting hard to see or show humanity some sign of life is all we're living for

BRIDGE: who feels the loss?...which side will win? will god absolve all our earthly sins?

an honest act of love is all we're longing for unchain the prisoners of this war free to forgive and at last admit an honest act of love is all we're longing for

a little bit of hope is all we're hoping for find our way to an open door our fingers crossed before all is lost a little bit of hope... is all we're hoping for

at the end of our rope under a microscope a little bit of hope... is all we're hoping for

LOST LOVE LETTERS

he was rootin' around in that old root cellar looking for a bag of mail trying to find some lost love letters crumbs left along a trail lined paper torn from a bound notebook written in ball point pen from me to you...words so true or was he just imaginin'

CHORUS: no it's not the one you haven't met only the one that you can't forget memories may fade but a promise never made is a promise always kept

can't go back ...can't move on no matter which way he chose like a fragile moth to a fiery flame he was drawn to get too close

CHORUS: no it's not the one you haven't met only the one that you can't forget memories may fade but a promise never made is a promise always kept

BRIDGE: he said i love you so many times or was it only in his wayward mind reading in between the lines he's still searching for a sign maybe in the one to Paris stamped but never sent pages that elude him now of a love that came and went

CHORUS: no it's not the one you haven't met only the one that you can't forget memories may fade but a promise never made is a promise always kept

THIS OLD LIFE GOES

today I saw my old friend tim truth be told there wasn't much left of him it was his face, his hands and curls of hair but a big part of him was no longer there.

he grabbed my arm and stared into my eyes not sure it's me that he really recognized always took on whatever life would throw it's just the way.... this old life goes.

CHORUS what part of us is the first to go? brushing our teeth or touching our toes will we still dream? or want ice cream? be out of our mind? or just doing time? guess it's the way the old wind blows. guess it's just the way...this old life goes...this old life goes.

sweet grand baby squirms upon his lap both wearing diapers and could use a little nap no more work—the occasional sing-along each day's the same from dusk to dawn.

CHORUS

it's not about fairness about wrong or right so make sure you kiss your loved ones goodnight memories get stolen with eyes opened or closed it's just the way... this old life goes. this old life goes...this old life goes.



THERE I WAS

there I was in Chula Vista used my last piece of good luck looking for a little resurrection to get myself unstuck

it was a town of one too many a place with no point of view punched my ticket to the promised land thought every word you said was true

CHORUS: seems like I'm living on the wrong side of nowhere no roots in the ground yeah, I'm living on the wrong side of nowhere the lost that can't be found

left me here with empty pockets a ring short of a wedding band staring at the wreckage all around me 'bout to make my last stand

CHORUS: Seems like I'm living on the wrong side of nowhere no roots in the ground yeah, I'm living on the wrong side of nowhere the lost that can't be found

BRIDGE: did you get what you wanted did you mean to set me free your escape route just wasn't always clear to me.

not sure where I go from here what I am looking for will I even recognize it If it walked right through the door

CHORUS: I'm tired of living on the wrong side of nowhere putting my roots in the ground no more living on the wrong side of nowhere the lost that's been found I was lost but now I'm found

COMPACT LIFE

got a compact car...whole lot easier to park fits in those hard to fit spaces never a part of street drag races driving next to an SUV well, I feel a little puny good on gas near and far...i got a compact car

got a compact build...five foot five still strong willed as a kid, I was sorta stocky bad for hoops good for hockey wished i was tall and thin...and maybe a bit more significant no fashion sense no frills...I got a compact build

BRIDGE: but I'm expanding my heart stretching out my soul letting my spirit span this entire earthly globe ain't gonna let this moment go got a compact disc...all it took was to take a few risks folks who believed in me all my friends, my extended family got no vinyl or cassettes...nor many financial assets can anyone still play this?...l got a compact disc

got compact life...some of you may wonder why downsized a few years ago here's what I've got to show a smaller carbon footprint...a 42 year sacrament. still makes me feel so alive...I got a compact life

I got a compact life, oh yeah I got a compact life with a compact car and a compact build I got a compact life with a compact disc in a compact world I got a compact life a compact home, compact wife...I love my compact life

SMILE

we always seemed so young...til suddenly we were not brothers, sisters, mom and dad...the whole big lot as we scattered then gathered together back again preparing ourselves for our second wind

we remember all hands folded ready to say grace each and every one of us is in our narrow little place never let on there's a loose tooth on the edge of your gums 'cause that dentist's work, well, it's never done

CHORUS: smile, it's what we all got from him smile for the camera and let it smile back again smile for the slides and the prints and the film it's how we'll remember him

there were ten of us at one time- now we're down to six brand new additions add life into the mix face forward for the portrait we hear the camera click. deep in hearts we hear life's clock tock tick

CHORUS: smile even though we are aching inside smile side by side by side smile no matter the shape we're in record the moment then begin again

A mouth full of big teeth, silver hair and dark eyes as the wind hits over the starboard side and though the pain of loss is still right there we can smell the river in the thick morning air

CHORUS: smile, it's what we all got from him smile for the camera and let it smile back again smile for the slides and the prints and the film that's how we'll remember him

REPEAT CHORUS

SOMETHING ANYTHING

I'm looking for something positive today I'm looking for something positive today on every street on every face momentary signs of grace I'm looking for something positive today

I'm looking for something I believe in today I'm looking for something I believe in today to leave fears far behind restore faith in humankind I'm looking for something I believe in today

BRIDGE: could be something big or something small could be almost nothing at all might not mean a thing maybe changes everything

I'm looking for something I can give you today looking for something I can give you today to quell all of the noise a little peace, a little joy I'm looking for something I can give you today I'm looking for something I can give you today I'm looking for something positive today I'm looking for something I believe in today

SUNDAY MORNING*

A poem by Marjorie Ward

sunday to mass, then home for a treat breakfast is special, service is neat

clean up and pack, beds made by the clock yellow car waiting to drive down to the dock

routine takes over, boys hoist the boat girls mind the babies, order by rote

baskets on board, skipper in place motor is started, slow now is the pace slow now is the pace slow now is the pace

gone is the hurry, no more rush that day leisure takes over, we're under way

family joy creates a bond parents are friends and the children they respond

now they are gone those joyous days love nurtured them, it eased our ways

those Sundays still live in each member's heart they keep us a family even though we're far apart even though we're far apart even though we're far apart

CREDITS

Mike Ward: Lead vocal & Acoustic guitar all tracks David Roof: Bass & fretless bass on all tracks Piano (2,3,9 & 11) Acoustic & electric guitar (10)

Larry Labeck: Pedal steel guitar (4, 7, 8)

Dave Keeney: Lap steel guitar (6)

Grant Flick: Violin (1, 3, 9)

Lucy Little: Violin (5)

James Anthony: Mandolin (4, 7, 8)

Bill Sadley: Harmonica (6)

Michael Shimmin: Percussion (10)

Annie Bacon: Backing vocals (1, 4) Judy Brown: Backing vocals (6) Amy Petty: Backing vocals (2,10)

Alison & Tessa Wiercioch: Backing vocals (4,12)

Emilia Ward: Backing vocals (9)

Produced, Engineered, Mixed and Mastered by David Roof Recorded at Rooftop Recordings, Grand Blanc, MI

CD Jacket Photography: Dennis Talarico (cover) John A Ward (back cover) Danny Ward (inside)

My humble and heartfelt thanks go to:

David Roof for the guidance, expertise, and some great conversation. The extremely talented musicians and singers who lent their creativity. All who came to live shows, streamed or bought my music. My mom, my dad and my entire family, for always inspiring me. Emilia and Danny, for supporting this craziness. I love you both. My love, Angie, for all your tireless hours of listening, advising and supporting. (Yes, I'm still a lot of work.) Much gratitude to the songwriters who added so much: Kyle Rasche & Song Haulers, Annie Capps & Song Salon, Jill Jack, Songwriters Anonymous, FARM, Lamb's Retreat Jan Krist, Michael McNevin, Michelle Held, Andy Baker, and Dave Toennies. And to Jeff Milo, Marilyn Rae Beyer, Phil Maq and Lori Stratton for their continued support.

©2022 psychosongs All music and lyrics by Mike Ward, BMI *Music by Mike Ward, lyrics by Marjorie Ward

